

Course Description						
Name	Code	Semester	T+A Hour	Credit	ECTS	
OTHER SUBJECTIVE and OBJECTIVE SLEEP TESTS		EFZ2226930	Spring Semester	1+0	1	3
Prerequisites Courses						
Recommended Elective Courses						
Language of Instruction						
Turkish						
Course Level						
Short Cycle (Associate's Degree)						
Course Type						
Elective						
Course Coordinator						
Assoc.Prof. Özge ARICI DÜZ						
Name of Lecturer(s)						
Assoc.Prof. Özge ARICI DÜZ						
Assistant(s)						
Aim						
Providing knowledge about pre and post sleep tests for the purpose of treating sleep disorders.						
Course Content						
This course contains; 1.Specifications of scoring sleep stages,2.Arousal scoring in sleep,3.Scoring movement disorders in sleep,4.Multiple sleep latency test (mslt) application,5.Multiple awakesness test (mwt) application,6.Actigraphy,7.Subjectve sleep tests Epworth,8.Subjectve sleep tests, Pittsburg sleep quaiity test application and scoring,9.Pre and post sleep tests,10.Stanford spleepiness/tiredness tests,11.Emergency cases during PSG recording,12.Extra filming needed for patients with RBD,13.Leg movements in awakesness (PLW) and restless legs syndrome,14.Respiration scoring in children in PSG cases..						
Course Learning Outcomes			Teaching Methods	Assessment Methods		
1. To define the PSG, sleep, and its stages			16, 6, 9	A		
2. To define of sleep disturbances			16, 6, 9	A		
Teaching Methods			16: Question - Answer Technique, 6: Experiential Learning, 9: Lecture Method			
Assessment Methods			A: Traditional Written Exam			
Lecture Schedule						
Sequenc e	Topics	Preliminary Preparation				
1	1.Specifications of scoring sleep stages					
2	2.Arousal scoring in sleep					
3	3.Scoring movement disorders in sleep					
4	4.Multiple sleep latency test (mslt) application					
5	5.Multiple awakesness test (mwt) application					
6	6.Actigraphy					
7	7.Subjectve sleep tests Epworth					
8	8.Subjectve sleep tests, Pittsburg sleep quaiity test application and scoring					
9	9.Pre and post sleep tests					
10	10.Stanford spleepiness/tiredness tests					
11	11.Emergency cases during PSG recording					
12	12.Extra filming needed for patients with RBD					
13	13.Leg movements in awakesness (PLW) and restless legs syndrome					
14	14.Respiration scoring in children in PSG cases.					
Evaluation Methods		Weight(%)				
Midterm Exam		40				
General Exam		60				

Resources
Lecturer's own notesTürk uyku tıbbi derneği yayınları 1.AASM yayınlarının tercümesi-Uyku teknolojisinin temelleri 2.Uyku ve ilişkili olayların skorlaması