

Vocational School of Health Services / Opticianry

2023 - 2024 Academic Year

FIRST AID

Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
FIRST AID	OPT1124500	Fall Semester	1+1	1,5	2
Prerequisites Courses					
Recommended Elective Courses	None				
Language of Instruction	Turkish				
Course Level	Short Cycle (Associate's Degree)				
Course Type	Elective				
Course Coordinator	Lect. Arzu GÜNEŞ				
Name of Lecturer(s)	Lect. Arzu GÜNEŞ				
Assistant(s)	None				
Aim	In any circumstance that reduces life, it is necessary to help the survivors save their life or help the situation to get worse until helped by the health workers, and to teach the casualty care and medication without the equipment available at the scene.				
Course Content	This course contains; Introduction to First Aid, Emergency scene and patient/injured assessment, Basic life support, First aid for bleedings and shock, First aid for wounds, First aid for burns, frostbite and heat shock, First aid for fractures, dislocations and sprains, First aid in altered mental status, First aid for foreign objects in eyes, ears and nose, First aid in poisonings, Respiratory-tract obstruction and first aid in drowning, Animal Biting and First Aid, Patient/injured handling techniques, Case study.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
The student defines the concept of first aid and its primary purposes.			16, 9	A	
The student summarises the basic principles of basic first aid topics.			16, 9	A	
The student recognizes situations requiring First Aid.			16, 9	A	
Teaching Methods	16: Question - Answer Technique, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Introduction to First Aid	Studying the lecturer's relevant course powerpoint presentation.			
2	Emergency scene and patient/injured assessment	Studying the lecturer's relevant course powerpoint presentation.			
3	Basic life support	Studying the lecturer's relevant course powerpoint presentation.			
4	First aid for bleedings and shock	Studying the lecturer's relevant course powerpoint presentation.			
5	First aid for wounds	Studying the lecturer's relevant course powerpoint presentation.			
6	First aid for burns, frostbite and heat shock	Studying the lecturer's relevant course powerpoint presentation.			
7	First aid for fractures, dislocations and sprains	Studying the lecturer's relevant course powerpoint presentation.			
8	First aid in altered mental status	Studying the lecturer's relevant course powerpoint presentation.			
9	First aid for foreign objects in eyes, ears and nose	Studying the lecturer's relevant course powerpoint presentation.			
10	First aid in poisonings	Studying the lecturer's relevant course powerpoint presentation.			
11	Respiratory-tract obstruction and first aid in drowning	Studying the lecturer's relevant course powerpoint presentation.			
12	Animal Biting and First Aid	Studying the lecturer's relevant course powerpoint presentation.			
13	Patient/injured handling techniques	Studying the lecturer's relevant course powerpoint presentation.			
14	Case study	Studying the lecturer's relevant course powerpoint presentation.			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources
Powerpoint notes will be given to students.... 1- Özden, M. (2014). İlk Yardım ve Acil Bakım Ders Kitabı, İstanbul: Yazarın Kendi Yayını. 2- Süzen, LB. (2014). Temel İlk Yardım İstanbul: Nobel Tıp Kitabevi. 3- Yıldız, H., Çatal, E. (Ed.). (2015). İlk Yardım İstanbul: Lisans Yayıncılık.