

School of Humanities and Social Sciences / Psychology (English)

2024 - 2025 Academic Year

BIBLIOTHERAPY

Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
BIBLIOTHERAPY	PSY4115806	Fall Semester	3+0	3	6
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	English				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Elective				
Course Coordinator	Assist.Prof. Büşra Eylem AKTAŞ				
Name of Lecturer(s)	Assist.Prof. Büşra Eylem AKTAŞ, Lect. Bürin YILDIZTEKİN				
Assistant(s)					
Aim	The aim of this interactive course is to provide advanced students with a comprehensive knowledge of bibliotherapy by discussing both its history and the latest national and international developments in the field.				
Course Content	This course contains; Going Back to the Classics in Bibliotherapy, Placing the History of Bibliotherapy into Context, Linking Theories to Bibliotherapy Practices, Considering the Role of Narrative in Bibliotherapy, Utilizing Fiction and Non-Fiction in Bibliotherapy, Emphasizing the Use of Poetry in Bibliotherapy, Discussing the Use of Graphic Texts in Bibliotherapy, Exploring the Benefits of Reading Together in Bibliotherapy, Running a Reading Group in a Psychiatric In-Patient Ward, Facilitating a Long-Standing Bibliotherapy Practice, Discussing the Benefits of Read Aloud Groups for Native and Non-Native Speakers, Adapting the Books on Prescription Model for People with Dementia, Extending the Reading Well Books on Prescription Program to Young People with Difficulties, Developing a Collection for Student Success.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
1. The student will be able to review the history of bibliotherapy.			10, 16, 9	B, E	
2. The student will be able to discuss the current national and international theoretical and practical developments in bibliotherapy.			10, 13, 16, 19, 21, 9	B, E	
3. The student will be able to explore how bibliotherapeutic approaches, methods, and practices as well as various literary genres can be utilized across a broad range of contexts and with diverse groups.			10, 13, 16, 19, 21, 9	B, E	
Teaching Methods	10: Discussion Method, 13: Case Study Method, 16: Question - Answer Technique, 19: Brainstorming Technique, 21: Simulation Technique, 9: Lecture Method				
Assessment Methods	B: Short Answer Exam, E: Homework				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Going Back to the Classics in Bibliotherapy	Crothers (1916) pp. 291-301; Galt (1853) pp. 581-589			
2	Placing the History of Bibliotherapy into Context	McNicol & Brewster (Ed.) (2018) Chapter 1 pp. 3-22			
3	Linking Theories to Bibliotherapy Practices	McNicol & Brewster (Ed.) (2018) Chapter 2 pp. 23-40			
4	Considering the Role of Narrative in Bibliotherapy	McNicol & Brewster (Ed.) (2018) Chapter 3 pp. 41-57			
5	Utilizing Fiction and Non-Fiction in Bibliotherapy	McNicol & Brewster (Ed.) (2018) Chapter 5 pp. 77-92			
6	Emphasizing the Use of Poetry in Bibliotherapy	McNicol & Brewster (Ed.) (2018) Chapter 9 pp. 129-140			
7	Discussing the Use of Graphic Texts in Bibliotherapy	McNicol & Brewster (Ed.) (2018) Chapter 4 pp. 59-73			
8	Exploring the Benefits of Reading Together in Bibliotherapy	McNicol & Brewster (Ed.) (2018) Chapter 7 pp. 105-115			
9	Running a Reading Group in a Psychiatric In-Patient Ward	McNicol & Brewster (Ed.) (2018) Chapter 8 pp. 117-127			
10	Facilitating a Long-Standing Bibliotherapy Practice	McNicol & Brewster (Ed.) (2018) Chapter 6 pp. 93-104			
11	Discussing the Benefits of Read Aloud Groups for Native and Non-Native Speakers	McNicol & Brewster (Ed.) (2018) Chapter 12 pp. 163-170			
12	Adapting the Books on Prescription Model for People with Dementia	McNicol & Brewster (Ed.) (2018) Chapter 10 pp. 141-151			
13	Extending the Reading Well Books on Prescription Program to Young People with Difficulties	McNicol & Brewster (Ed.) (2018) Chapter 11 pp. 153-162			
14	Developing a Collection for Student Success	McNicol & Brewster (Ed.) (2018) Chapter 13 pp. 171-180			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources
Crothers, S. (1916, September). A literary clinic. The Atlantic Monthly, pp. 291-300.
Galt, J. M. (1853). On the reading, recreation, and amusements of the insane. Journal of Psychological Medicine and Mental Pathology, 6(24), 581-589.
McNicol, S., & Brewster, L. (Ed.). (2018). Bibliotherapy. Facet Publishing.
Medipol Information Education System (MEBIS) should be followed throughout the semester for possible additional resources.