

**School of Education / Psychological Counseling and Guidance (English)**

**2024 - 2025 Academic Year**

**FAMILY COUNSELING**

**Syllabus**

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
FAMILY COUNSELING	PCG4113229	Fall Semester	2+0	2	2
<b>Prerequisites Courses</b>					
<b>Recommended Elective Courses</b>					
<b>Language of Instruction</b>	English				
<b>Course Level</b>	First Cycle (Bachelor's Degree)				
<b>Course Type</b>	Required				
<b>Course Coordinator</b>	Assoc.Prof. Asude ÖZDEMİR				
<b>Name of Lecturer(s)</b>	Assoc.Prof. Asude ÖZDEMİR				
<b>Assistant(s)</b>					
<b>Aim</b>	The aim of this course is to inform students about the theories of family counseling and to introduce the practices in this field.				
<b>Course Content</b>	This course contains; Introduction to Family Counseling,Family Therapy History,Psychodynamic Family Therapy,Bowen Family Therapy,Experiential Family Therapy,Behavioral Family Therapy,Cognitive Behavioral Family Therapy,Structural Family Therapy,Strategic Family Therapy,Solution Focused Family Therapy,Narrative Family Therapy,Feminist Family Therapy,Ethical, Legal and Professional Issues in Psychological Counseling in Family Counseling,Ethical, Legal and Professional Issues in Psychological Counseling in Family Counseling.				
<b>Course Learning Outcomes</b>		<b>Teaching Methods</b>	<b>Assessment Methods</b>		
Students define important theories of the family system.		16, 19, 23, 9	A, E		
Students relate the difference between healthy and unhealthy families.		10, 13, 16, 19, 9	A, E		
Students explain the theoretical approaches of family counseling.		10, 13, 16, 9	A, E		
Students comprehend the general models of family structure.		13, 16, 19, 9	A, E		
<b>Teaching Methods</b>	10: Discussion Method, 13: Case Study Method, 16: Question - Answer Technique, 19: Brainstorming Technique, 23: Concept Map Technique, 9: Lecture Method				
<b>Assessment Methods</b>	A: Traditional Written Exam, E: Homework				
<b>Lecture Schedule</b>					
<b>Sequenc e</b>	<b>Topics</b>	<b>Preliminary Preparation</b>			
1	Introduction to Family Counseling	Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler. (Giriş bölümü, ss. 25-34)			
2	Family Therapy History	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (Bölüm 2, ss. 117-133)			
3	Psychodynamic Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (9. bölüm, ss. 191-199)			
4	Bowen Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (9. bölüm, ss. 201-214); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 145-175)			
5	Experiential Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (Bölüm 10, ss. 215-235); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 239-265)			
6	Behavioral Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (11. bölüm, ss. 237-243)			
7	Cognitive Behavioral Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (11. bölüm, ss. 244-254); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 297-329)			
8	Structural Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (12. bölüm, ss. 257-272); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 207-237)			
9	Strategic Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (13. bölüm, ss. 273-284); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 177-206)			
10	Solution Focused Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (14. bölüm, ss. 287-295); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 381-411)			
11	Narrative Family Therapy	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (14. bölüm, ss. 297-308); Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 413-438)			
12	Feminist Family Therapy	Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler (ss. 330-336).			
13	Ethical, Legal and Professional Issues in Psychological Counseling in Family Counseling	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (15. bölüm, ss. 313-338)			
14	Ethical, Legal and Professional Issues in Psychological Counseling in Family Counseling	Gladding, S. T. (2012). Aile Terapisi, Tarihi, Kuram ve Uygulamaları (15. bölüm, ss. 313-338)			
<b>Evaluation Methods</b>		<b>Weight(%)</b>			
Midterm Exam		40			
General Exam		60			

Resources	
Gladding, S. T. (2019). Family Therapy (History, Theory and Practice). 7th Edition. Pearson Education, Inc.	
Nichols, M. P. (2013). Aile Terapisi: Kavramlar ve Yöntemler. Çev. Okhan Gündüz. Kıkınus YayınlarıSMITH, R. L. (1993). Training in Marriage and Family Counseling and Therapy: Current Status and Challenges. Counselor Education and Supervision, 33(2), 89–101. doi:10.1002/j.1556-6978.1993.tb00272.x	
Smith, R. L., Carlson, J., Stevens-Smith, P., & Dennison, M. (1995). Marriage and Family Counseling. Journal of Counseling & Development, 74(2), 154–157. doi:10.1002/j.1556-6676.1995.tb01841.x	