

**School of Health Sciences / Nursing**

**2023 - 2024 Academic Year**

**FUNDAMENTALS of NURSING**

**Syllabus**

<b>Course Description</b>					
<b>Name</b>	<b>Code</b>	<b>Semester</b>	<b>T+A Hour</b>	<b>Credit</b>	<b>ECTS</b>
FUNDAMENTALS of NURSING	HEM1214369	Spring Semester	3+0	3	3
<b>Prerequisites Courses</b>					
<b>Recommended Elective Courses</b>					
<b>Language of Instruction</b>	Turkish				
<b>Course Level</b>	First Cycle (Bachelor's Degree)				
<b>Course Type</b>	Required				
<b>Course Coordinator</b>	Assist.Prof. Pinar DOĞAN				
<b>Name of Lecturer(s)</b>	Assist.Prof. Pinar DOĞAN, Assist.Prof. Rabia EREN				
<b>Assistant(s)</b>					
<b>Aim</b>	Knowledge of basic nursing interventions in providing and maintaining daily living activities with an individual and holistic approachis to gain.				
<b>Course Content</b>	This course contains; Communication Activity:-Patient/healthy individual and team communication-Patient admission, transfer anddischarge,Ensuring a Safe Environment-1:-Identification of the patient-Control of high-risk drugs-Mobilization and prevention of falls,Ensuring a Safe Environment-2:-Infection control-Effective team communication-Use of alarm systems,Vital Signs: -Respiration, pulse, blood pressure-Body temperature: Hot and cold applications-Pain,Drug Administration-1:-Drug management-Enteral drug applications-Local drugadministration,Drug Administrations-2:-Parenteral drug applications (ID, SC, IM),Drug Administration-3:- Parenteral drug administrations (IV)-IV catheter applications,Blood and Blood Products TransfusionTaking a Blood Sample,Personal Cleaning and Dressing Activity:-Protection of skin health-Hygiene practices,Respiratory Activity:-Characteristics of respiration-Oxygen applications-Respiratoryexercise-Aspiration,Nutritional Activity:-Enteral nutrition-Parenteral nutrition,Excretory Activity:-Excretory activity problems-Excretory hygiene practices,Work and Leisure Activity: Sleep and Sex Activity,End of Life period: Death.				
<b>Course Learning Outcomes</b>		<b>Teaching Methods</b>	<b>Assessment Methods</b>		
To be able to evaluate the activities of daily living of the person		10, 16, 19, 9	A		
To be able to explain basic nursing skills		16, 19, 9	A		
To be able to list the nursing interventions for providing and maintaining daily living activities.		10, 13, 16, 9	A		
Associating system functions with nursing practices		13, 16, 9	A		
<b>Teaching Methods</b>	10: Discussion Method, 13: Case Study Method, 16: Question - Answer Technique, 19: Brainstorming Technique, 9: Lecture Method				
<b>Assessment Methods</b>	A: Traditional Written Exam				
<b>Lecture Schedule</b>					
<b>Sequenc e</b>	<b>Topics</b>	<b>Preliminary Preparation</b>			
1	Communication Activity:-Patient/healthy individual and team communication-Patient admission, transfer anddischarge	Examining the 3rd and 5th references			
2	Ensuring a Safe Environment-1:-Identification of the patient-Control of high-risk drugs-Mobilization and prevention of falls	Examining the 3rd and 5th references			
3	Ensuring a Safe Environment-2:-Infection control-Effective team communication -Use of alarm systems	Examining the 3rd and 5th references			
4	Vital Signs: -Respiration, pulse, blood pressure-Body temperature: Hot and cold applications-Pain	Examining the 3rd and 5th references			
5	Drug Administration-1:-Drug management-Enteral drug applications-Local drugadministration	Examining the 3rd and 5th references Examination of M1, M2 and M3 references			
6	Drug Administrations-2:-Parenteral drug applications (ID, SC, IM)	Examining the 3rd and 5th references Examination of M1, M2 and M3 references			
7	Drug Administration-3:-Parenteral drug administrations (IV)-IV catheter applications	Examining the 3rd and 5th references Examination of M1, M2 and M3 references			
8	Blood and Blood Products TransfusionTaking a Blood Sample	Examination of the 1st source			
9	Personal Cleaning and Dressing Activity:-Protection of skin health-Hygiene practices	Examination of the 1st source			
10	Respiratory Activity:-Characteristics of respiration-Oxygen applications-Respiratoryexercise-Aspiration	Examining the 3rd and 5th references and the M5 numbered references			
11	Nutritional Activity:-Enteral nutrition-Parenteral nutrition	Examining the 3rd and 5th references			
12	Excretory Activity:-Excretory activity problems-Excretory hygiene practices	Examining the 3rd and 5th references and the M6 numbered reference			
13	Work and Leisure Activity: Sleep and Sex Activity	Examining the 3rd and 5th references and the reference numbered M7			
14	End of Life period: Death	Examining the 3rd and 5th references			
<b>Evaluation Methods</b>		<b>Weight(%)</b>			
Midterm Exam		40			
General Exam		60			

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**Resources**

- K1. Gürhan N, Görgülü Polat Ü, Eren Fidancı B. Hemşirelik Tanıları El Kitabı. Ankara Nobel Kitabevleri. 11. Basım. 2019.
- K2. Göçmen Baykara Z, Çalışkan N, Öztürk D, Karadağ A. Temel Hemşirelik Becerileri (Kontrol Listeleri, Web Erişimli Eğitim Videoları). Ankara Nobel Tıp Kitabevleri. 1. Basım. 2019.
- K3. Karagözoğlu Ş, Demiray A, Doğan P. Temel Hemşirelik Uygulama İçin Esaslar. Ankara Nobel Tıp Kitabevi. 1. Basım. 2023.
- K4. Potter AP, Perry AG, Stockert PA, Hall AM, Ostendorf WR. Fundamentals of Nursing. 9th ed. St Louis, Missouri: Elsevier, 2017.
- K5. Aşti T, Karadağ A. Hemşirelik Esasları: Hemşirelik Bilim ve Sanatı. Akademisyen Yayınevi. 2019. İstanbul Makaleler
- M1-Brossier DW, et al. ESPNIC clinical practice guidelines: intravenous maintenance fluid therapy in acute and critically ill children— a systematic review and meta-analysis. Intensive Care Med. 200;48:1691–1708. <https://doi.org/10.1007/s00134-022-06882-z>
- M2-Padhi S, Bullock I, Li L, Stroud M. Intravenous fluid therapy for adults in hospital: summary of NICE guidance. BMJ. 2013;347:f7073. <https://doi.org/10.1136/bmj.f7073>
- M3-Aygin D, Cengiz H. İlaç uyulama hataları ve hemşirenin sorumluluğu. Şişli etfal hastanesi tıp bülteni. 2011, 45(3), 110-114.
- M4-Ulusoy EÇ, Duran ET, Güvenli Enjeksiyon uygulamaları. Hacettepe Üniversitesi Hemşirelik Fakültesi Dergisi. 2016, 3 (2), 50-57.
- M5-Karagözoğlu Ş, Dönmez AD, Özden D, Tel H. Hemşirelerin göğüs fizyoterapisine yönelik bilgi ve uygulamaları. 2013, 27 (2), 95-104.
- M6-Gülner E, Çalışkan N, Stres inkontinansa hemşirelik yaklaşımları: Stres inkontinans bakım protokolü. Gümüşhane üniversitesi sağlık bilimleri dergisi. 2022, 11(1), 308-318.
- M7-Yorulmaz DS, Karadeniz H, Terminal dönem ve iyi ölüm sürecinde hemşirelik bakımı. Yoğun bakım hemşireliği dergisi. 2020, 24(2), 134-138.
- M8-Uslu Y, Korkmaz FD. Yoğun bakım hastalarında uyku: Hemşirelik bakımı. HEMşirelikte eğitim ve araştırma dergisi. 2015, 12(3), 156-161.