

Vocational School / Child Development
2024 - 2025 Academic Year
CHILD NUTRITION
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
CHILD NUTRITION	ÇCG2177920	Fall Semester	2+0	2	2
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	Turkish				
Course Level	Short Cycle (Associate's Degree)				
Course Type	Required				
Course Coordinator	Lect. Kezban Ekin ÖZBEY DUYGU				
Name of Lecturer(s)	Assist.Prof. Eftal GEÇGİL DEMİR				
Assistant(s)					
Aim	This course aims to provide the student with the knowledge and skills which can be used to develop an understanding of the importance of child nutrition, nutrition based problems and their solutions.				
Course Content	This course contains; The relationship between nutrition and health,Basic terminology about nutrition 1,Basic terminology about nutrition 2,Adequate and balanced nutrition 1,Adequate and balanced nutrition 2,Healthy Eating Practices,Nutrition during pregnancy and lactation,Nutrition during infancy (0-6 months): Breastfeeding,Nutrition during infancy (6-12 months): Complementary feeding,Nutrition during preschool,Nutrition during school,Nutrition during adolescent,Children with special nutritional conditions 1,Children with special nutritional conditions 2.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
Defines the relationship between nutrition and health.			10, 16, 9	A, E	
Classifies nutrients and explains their sources and requirements.			10, 16, 9	A, E	
Defines nutrition practices according to age groups.			10, 16, 9	A, E	
Explains nutritional features during pregnancy and lactation.			10, 16, 9	A, E	
Explains nutritional characteristics in infancy, childhood and adolescence.			10, 16, 9	A, E	
Teaching Methods	10: Discussion Method, 16: Question - Answer Technique, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam, E: Homework				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	The relationship between nutrition and health	No preliminary preparation is required.			
2	Basic terminology about nutrition 1				
3	Basic terminology about nutrition 2	Preparation of the related subject from the recommended sources			
4	Adequate and balanced nutrition 1	Preparation of the related subject from the recommended sources			
5	Adequate and balanced nutrition 2	Preparation of the related subject from the recommended sources			
6	Healthy Eating Practices	Preparation of the related subject from the recommended sources			
7	Nutrition during pregnancy and lactation	Preparation of the related subject from the recommended sources			
8	Nutrition during infancy (0-6 months): Breastfeeding	Preparation of the related subject from the recommended sources			
9	Nutrition during infancy (6-12 months): Complementary feeding	Preparation of the related subject from the recommended sources			
10	Nutrition during preschool	Preparation of the related subject from the recommended sources			
11	Nutrition during school	Preparation of the related subject from the recommended sources			
12	Nutrition during adolescent	Preparation of the related subject from the recommended source			
13	Children with special nutritional conditions 1	Preparation of the related subject from the recommended sources			
14	Children with special nutritional conditions 2	Preparation of the related subject from the recommended sources			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			
Resources					
Power point presentationsGökçay G. Garipağaoğlu M. Çocukluk ve Ergenlik Döneminde Beslenme Saga Yayınları 2002. Baysal A. Beslenme. 12. Baskı, Hatiboğlu Yayınevi. 2009.					