

Vocational School / Medical Documentation and Secretariat
2023 - 2024 Academic Year
HEALTH PSYCHOLOGY
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
HEALTH PSYCHOLOGY	TDS1226010	Spring Semester	2+0	2	4
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	Turkish				
Course Level	Short Cycle (Associate's Degree)				
Course Type	Required				
Course Coordinator	Assoc.Prof. Pelin BASIM				
Name of Lecturer(s)	Lect. Şeyma TOSUN				
Assistant(s)					
Aim	The purpose of this course is to develop to awareness and perspective about relationship between health, illness and psychosocial factors.				
Course Content	This course contains; Concept of health, illness, chronic disease,The Relationship between patient and health care worker,The Relationship between stress, health, disease. coping with stress,The Relationship of structure of personality, behavior patterns and health and disease,Situational crises, traumatic life experiences and disease,Enter the patient's role as psychologic,The psychological reactions against to physical health problems and the adaptation process,Chronic pain and coping with pain,Effects of the endocrine system diseases according to psychosocial aspects,Effects of the cancer according to psychosocial aspects,Effects of the cardiovascular diseases according to psychosocial aspects,Effects of the chronic respiratory diseases according to psychosocial aspects,Effects of the organ transplants according to psychosocial aspects,The problems of the relatives of individuals with fatal or chronic illness.				
Course Learning Outcomes				Teaching Methods	Assessment Methods
Recognizes concepts that health, illness and chronic disease.				13, 16, 9	A, C
Explains the importance of psychosocial factors in health and disease.				13, 16, 9	A, C
Explains psychosocial effects of chronic diseases.				13, 16, 9	A, C
Explain the psychological reactions against to disease.				13, 16, 9	A, C
Lists the adaptation's stages of the disease process.				13, 16, 9	A, C
Teaching Methods	13: Case Study Method, 16: Question - Answer Technique, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam, C: Multiple-Choice Exam				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Concept of health, illness, chronic disease	Reading lecture note			
2	The Relationship between patient and health care worker	Reading lecture note			
3	The Relationship between stress, health, disease. coping with stress	Reading lecture note			
4	The Relationship of structure of personality, behavior patterns and health and disease	Reading lecture note			
5	Situational crises, traumatic life experiences and disease	Reading lecture note			
6	Enter the patient's role as psychologic	Reading lecture note			
7	The psychological reactions against to physical health problems and the adaptation process	Reading lecture note			
8	Chronic pain and coping with pain	Reading lecture note			
9	Effects of the endocrine system diseases according to psychosocial aspects	Reading lecture note			
10	Effects of the cancer according to psychosocial aspects	Reading lecture note			
11	Effects of the cardiovascular diseases according to psychosocial aspects	Reading lecture note			
12	Effects of the chronic respiratory diseases according to psychosocial aspects	Reading lecture note			
13	Effects of the organ transplants according to psychosocial aspects	Reading lecture note			
14	The problems of the relatives of individuals with fatal or chronic illness	Reading lecture note			
Evaluation Methods				Weight(%)	
Midterm Exam				40	
General Exam				60	

Resources	
Lecture notes1) Baltaş Z. (2000) "Sağlık Psikolojisi" Remzi Kitapevi, İstanbul.	
2) "Sağlık Psikolojisine Giriş", (1999) Ü. Okyayuz (Ed.) Psikologlar Derneği Yayınları. No:19 Ankara.	
3) Bozkurt, S.G. (2002) "Stres ve Sağlık Psikolojisi". Ayvaşık B., Sayıl M. (Eds.), "Psikolojiyi Anlamak", Türk Psikologlar Derneği Yay. No:23, 491-525, Ankara.	
4) C.Davison, C. G.,&Neale, J. M. (2004). Doç. Dr. İ. Dağ (Çev. Ed.), Anormal psikolojisi. Ankara: Türk Psikologlar Derneği Yayınları, 7. Basım.	
5) D. Brannon, L. &Feist, J. (2010) Health Psychology: An Introduction to Behavior and Health.	