

School of Humanities and Social Sciences / Psychology (English)

2024 - 2025 Academic Year

THEORIES of PERSONALITY

Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
THEORIES of PERSONALITY	PSY2251310	Spring Semester	3+0	3	5
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	English				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Required				
Course Coordinator	Assist.Prof. Gökçen DUYMAZ				
Name of Lecturer(s)	Assist.Prof. Gökçen DUYMAZ				
Assistant(s)					
Aim	The purpose of the course is to understand basic concepts of a theory and scientific outlook, to evaluate different approaches to the personality, to discuss and compare various theories through specific cases.				
Course Content	This course contains; General Introduction to the Course,Personality and The Scientific Outlook,Freud's Psychoanalytic Theory / Case Discussion,Jung's Analytical Psychology / Case Discussion,Erikson's Psychoanalytic Ego Psychology / Case Discussion,Interpersonal Dynamics: Adler's Individual Psychology and Horney's Social and Cultural Psychoanalysis / Case Discussion,Maslow's Self Actualization Position / Case Discussion,Rogers's Person-Centered Theory/ Case Discussion,Existential Psychology,Allport's Trait Theory/ Case Discussion,The Factor Analysts: Cattell and Eysenck / Case Discussion,Skinner's Operant Reinforcement Theory / Case Discussion,Bandura's Social Cognitive Theory / Case Discussion,Case Discussion / General Overview.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
5.An understanding of human behavior through psychoanalytic, individual, psychosocial, interpersonal perspectives.			10, 16, 4, 9	E	
1. An understanding of components of theory and scientific outlook.			10, 16, 9	A	
2. An ability to consider main concepts in each theory.			10, 16, 4, 9	E	
3. An ability to discuss different perspectives on personality through cases.			10, 16, 4, 9	E	
4. An ability to compare various ideas on personality.			10, 16, 4, 9	E	
Teaching Methods	10: Discussion Method, 16: Question - Answer Technique, 4: Inquiry-Based Learning, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam, E: Homework				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	General Introduction to the Course				
2	Personality and The Scientific Outlook	Book Chapter(BC) 1			
3	Freud's Psychoanalytic Theory / Case Discussion	BC2			
4	Jung's Analytical Psychology / Case Discussion	BC3			
5	Erikson's Psychoanalytic Ego Psychology / Case Discussion	BC5			
6	Interpersonal Dynamics: Adler's Individual Psychology and Horney's Social and Cultural Psychoanalysis / Case Discussion	BC4			
7	Maslow's Self Actualization Position / Case Discussion	BC15			
8	Rogers's Person-Centered Theory/ Case Discussion	BC14			
9	Existential Psychology	Related Book Chapter			
10	Allport's Trait Theory/ Case Discussion	BC7			
11	The Factor Analysts: Cattell and Eysenck / Case Discussion	BC8			
12	Skinner's Operant Reinforcement Theory / Case Discussion	BC10			
13	Bandura's Social Cognitive Theory / Case Discussion	BC13			
14	Case Discussion / General Overview				
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources

Cloinger, S. (2013). Theories of personality understanding persons. 6th Edition. Pearson.

Ewen R. B. (2010). An introduction to theories of personality. 7th Edition. New York, NY: Psychology Press