

**School of Education / Psychological Counseling and Guidance (English)**

**2024 - 2025 Academic Year**

**CRISIS INTERVENTION**

**Syllabus**

<b>Course Description</b>					
<b>Name</b>	<b>Code</b>	<b>Semester</b>	<b>T+A Hour</b>	<b>Credit</b>	<b>ECTS</b>
CRISIS INTERVENTION	PCG4114345	Fall Semester	2+0	2	4
<b>Prerequisites Courses</b>					
<b>Recommended Elective Courses</b>					
<b>Language of Instruction</b>	English				
<b>Course Level</b>	First Cycle (Bachelor's Degree)				
<b>Course Type</b>	Elective				
<b>Course Coordinator</b>	Assoc.Prof. Aslı Burçak TAŞÖREN				
<b>Name of Lecturer(s)</b>	Assoc.Prof. Aslı Burçak TAŞÖREN				
<b>Assistant(s)</b>					
<b>Aim</b>	This course will cover various approaches to crisis intervention and trauma counseling including the definitions and characteristics of crises and trauma, a brief overview of the history of crisis intervention, related theories and models, and the practical application of intervention and crisis case management and trauma counseling skills.				
<b>Course Content</b>	This course contains; Conceptualizing crisis and trauma. Trauma informed care (TIC). "The Relational Foundation for Crisis and Trauma Counseling,"An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma,An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma,Historical Contexts of Trauma,Theoretical Contexts of Trauma Counseling ,Theoretical Contexts of Trauma Counseling,Issues of Loss and Grief ,Mid-term,Issues of Loss and Grief,Intimate Partner Violence,Trauma Counseling: Cognitive-Behavioral Theory ,Trauma Counseling: Cognitive-Behavioral Theory,Trauma Counseling: Psychoanalytic Theory,Trauma Counseling: Psychoanalytic Theory.				
<b>Course Learning Outcomes</b>			<b>Teaching Methods</b>	<b>Assessment Methods</b>	
Comprehends the history of crisis and trauma intervention.			10, 16, 6, 9	A	
Explains the theories and models of crisis and trauma counseling.			10, 16, 6, 9	A	
Expresses the roles and responsibilities of crisis counselors.			10, 16, 6, 9	A	
Describes major common crises that counselors may face.			10, 16, 6, 9	A	
Describes the impact of crises and disasters on people.			10, 16, 6, 9	A	
<b>Teaching Methods</b>	10: Discussion Method, 16: Question - Answer Technique, 6: Experiential Learning, 9: Lecture Method				
<b>Assessment Methods</b>	A: Traditional Written Exam				
<b>Lecture Schedule</b>					
<b>Sequence</b>	<b>Topics</b>	<b>Preliminary Preparation</b>			
1	Conceptualizing crisis and trauma. Trauma informed care (TIC). "The Relational Foundation for Crisis and Trauma Counseling.	Duffey & Haberstroh (2020). Ch.1: Introduction to crisis and trauma counseling			
2	An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma	An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma, Lisa Lopez Levers Ch. 1 in Trauma Counseling Theories and Interventions Lisa Lopez Levers			
3	An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma	An Introduction to Counseling Survivors of Trauma: Beginning to Understand the Context of Trauma, Lisa Lopez Levers Ch. 1 in Trauma Counseling Theories and Interventions Lisa Lopez Levers (ed)			
4	Historical Contexts of Trauma	Historical Contexts of Trauma, Debra Hyatt-Burkhart and Lisa Lopez Levers Ch 2 in Trauma Counseling Theories and Interventions Lisa Lopez Levers			
5	Theoretical Contexts of Trauma Counseling	Theoretical Contexts of Trauma Counseling. MARTIN F. LYNCH Ch 3. in Trauma Counseling Theories and Interventions ed. Lisa Lopez Levers.			
6	Theoretical Contexts of Trauma Counseling	Theoretical Contexts of Trauma Counseling. MARTIN F. LYNCH Ch 3. in Trauma Counseling Theories and Interventions ed. Lisa Lopez Levers.			
7	Issues of Loss and Grief	Issues of Loss and Grief. Judith L. M. McCoyd, Carolyn Ambler Walter, and Lisa Lopez Levers. Ch 5. in Trauma Counseling Theories and Interventions ed. Lisa Lopez Levers.			
8	Mid-term				
9	Issues of Loss and Grief	Issues of Loss and Grief. Judith L. M. McCoyd, Carolyn Ambler Walter, and Lisa Lopez Levers. Ch 5. in Trauma Counseling Theories and Interventions ed. Lisa Lopez Levers.			
10	Intimate Partner Violence	Intimate Partner Violence, Nancy N. Fair and Frank M. Ochberg Ch 11. in Trauma Counseling Theories and Interventions ed. Lisa Lopez Levers.			
11	Trauma Counseling: Cognitive-Behavioral Theory	Cognitive-Behavioral Theory, A. Antonio González-Prendes and Stella M. Resko Ch. 1 in Trauma : contemporary directions in theory, practice, and research Shoshana Ringel and Jerrold R. Brandell eds			
12	Trauma Counseling: Cognitive-Behavioral Theory	Cognitive-Behavioral Theory, A. Antonio González-Prendes and Stella M. Resko Ch. 1 in Trauma : contemporary directions in theory, practice, and research Shoshana Ringel and Jerrold R. Brandell eds			
13	Trauma Counseling: Psychoanalytic Theory	Psychoanalytic Theory (Part I) Jerrold R. Brandell Ch. 3 in Trauma : contemporary directions in theory, practice, and research Shoshana Ringel and Jerrold R. Brandell eds			
14	Trauma Counseling: Psychoanalytic Theory	Psychoanalytic Theory (Part I) Jerrold R. Brandell Ch. 3 in Trauma : contemporary directions in theory, practice, and research Shoshana Ringel and Jerrold R. Brandell eds			
<b>Evaluation Methods</b>		<b>Weight(%)</b>			
Midterm Exam		40			
General Exam		60			

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**Resources**

Duffey, T. & Haberstroh, S. (2020). Introduction to crisis and trauma counseling. American Counseling Association

Lopez, L. L. (2012). Trauma counseling : theories and interventions. Springer Publishing Company, LLC

Ringel, S. & Brandell, J. R. (2012). Trauma : contemporary directions in theory, practice, and research. SAGE Publications, Inc. van der Kolk, B (2015). The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma