

Vocational School / Child Development
2022 - 2023 Academic Year
CHILD NUTRITION
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
CHILD NUTRITION	ÇCG2177920	Fall Semester	2+0	2	2
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	Turkish				
Course Level	Short Cycle (Associate's Degree)				
Course Type	Required				
Course Coordinator	Lect. Kezban Ekin ÖZBEY DUYGU				
Name of Lecturer(s)	Lect. Rüken Aslinur SAMANCI				
Assistant(s)					
Aim	This course aims to provide the student with the knowledge and skills which can be used to develop an understanding of the importance of child nutrition, nutrition based problems and their solutions.				
Course Content	This course contains; Health and nutrition,Basic terminology about nutrition,Basic terminology about nutrition,Adequate and balanced nutrition,Adequate and balanced nutrition,Healthy Eating Practices,Nutrition during pregnancy and lactation,Nutrition during infancy (0 -6 months): Breastfeeding,Nutrition during infancy (6-12 months): Complementary feeding,Nutrition during preschool,Nutrition during school,Nutrition during adolescent,Nutrition in children with special status,Evaluation.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
1. Evaluate the relationship between the nutrition and health 2. Describe the food sources and requirements of nutrients 3. Define the nutritional applications on the basis of the ages 4. Describe the nutritional characteristics during pregnancy and lactation periods5. Explain the nutritional characteristics during infancy, childhood and adolescence					
Teaching Methods					
Assessment Methods					
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Health and nutrition	Preparation of the related subject from the recommended sources			
2	Basic terminology about nutrition	Preparation of the related subject from the recommended sources			
3	Basic terminology about nutrition	Preparation of the related subject from the recommended sources			
4	Adequate and balanced nutrition	Preparation of the related subject from the recommended sources			
5	Adequate and balanced nutrition	Preparation of the related subject from the recommended sources			
6	Healthy Eating Practices	Preparation of the related subject from the recommended sources			
7	Nutrition during pregnancy and lactation	Preparation of the related subject from the recommended sources			
8	Nutrition during infancy (0-6 months): Breastfeeding	Preparation of the related subject from the recommended sources			
9	Nutrition during infancy (6-12 months): Complementary feeding	Preparation of the related subject from the recommended sources			
10	Nutrition during preschool	Preparation of the related subject from the recommended sources			
11	Nutrition during school	Preparation of the related subject from the recommended sources			
12	Nutrition during adolescent	Preparation of the related subject from the recommended source			
13	Nutrition in children with special status	Preparation of the related subject from the recommended sources			
14	Evaluation	Preparation of the related subject from the recommended sources			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources
Power point presentationsGökçay G. Garipağaoğlu M. Çocukluk ve Ergenlik Döneminde Beslenme Saga Yayınları 2002. Baysal A. Beslenme. 12. Baskı, Hatiboğlu Yayınevi. 2009.