

School of Health Sciences / Nursing

2023 - 2024 Academic Year

HEALTH LITERACY

Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
HEALTH LITERACY	HEM2236030	Spring Semester	2+0	2	2
Prerequisites Courses					
Recommended Elective Courses	Health Promotion				
Language of Instruction	Turkish				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Elective				
Course Coordinator	Assist.Prof. Esra KÖROĞLU ÇAMDEVİREN				
Name of Lecturer(s)	Assist.Prof. Esra KÖROĞLU ÇAMDEVİREN				
Assistant(s)					
Aim	The aim of this course is to gain awareness of the initiatives applied to increase the level of health literacy of individuals in society.				
Course Content	This course contains; Introduction of the Course, Establishing the Relationship between Course Learning Outcomes and Program Competencies, Health Literacy, Basic Concepts, Health Literacy, Basic Concepts, Health Literacy Conceptual Model, Health Promotion Models, Health Literacy Studies in our country and in the world, Communication and Health Literacy, Cultural factors affecting Health Literacy, Nutrition and Health Literacy, Mobil Health and Health Literacy, Social Media ve Health Literacy, Chronic diseases and Health Literacy, Vulnerable Groups and Health Literacy, Vulnerable Groups and Health Literacy, Women's Health and Health Literacy, Empowerment of Health Literacy.				
Course Learning Outcomes				Teaching Methods	Assessment Methods
Knows the basic concepts of health literacy				16, 9	A
Explains health promotion models				9	A
Explains the factors affecting health literacy				13, 9	A
Describes the importance of health literacy for individuals to understand health information				10, 16, 9	A
List health literacy strategies				16, 5, 9	A
Teaching Methods	10: Discussion Method, 13: Case Study Method, 16: Question - Answer Technique, 5: Cooperative Learning, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam				
Lecture Schedule					
Sequenc e	Topics	Preliminary Preparation			
1	Introduction of the Course, Establishing the Relationship between Course Learning Outcomes and Program Competencies, Health Literacy, Basic Concepts	review of first, 4th and 11th reference			
2	Health Literacy, Basic Concepts	review of first and sixth reference			
3	Health Literacy Conceptual Model, Health Promotion Models	review of 2nd and forth reference			
4	Health Literacy Studies in our country and in the world	review of 5th reference			
5	Communication and Health Literacy	review of 4th reference, page:45-57			
6	Cultural factors affecting Health Literacy	review of 10th reference			
7	Nutrition and Health Literacy	review of 3rd reference			
8	Mobil Health and Health Literacy	review of 3rd and 8th reference			
9	Social Media ve Health Literacy	review of 7th and 8th reference			
10	Chronic diseases and Health Literacy	review of 9th and 8th reference			
11	Vulnerable Groups and Health Literacy	review of 8th reference			
12	Vulnerable Groups and Health Literacy	review of 8th reference			
13	Women's Health and Health Literacy	review of 3rd reference			
14	Empowerment of Health Literacy	review of first and 5th reference			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources	
1. Osborne, H. (2013). Health Literacy (from A to Z). Practical Ways to Communicate Your Health Message. Jones&Bartlett Learning	
2. Yakıncı, C., Kızılay, A., Kavruk, H. (2016). Sağlık ve İletişim Öyküleri. Akademisyen Kitabevi	
3- Yıldırım, F., Keser, A. (2015). Sağlık Okuryazarlığı. Ankara Üniversitesi Sağlık Bilimleri Fakültesi Yayın No:3.	
4- Çetin, M. (2012). Sağlık Okuryazarlığı, T.C. Aile ve Sosyal Politikalar Bakanlığı, Aile eğitim programı, Ankara: Nakış Ofset.	
5- Tanrıöver, E., Yıldırım, H., Ready, N. (2014). Türkiye Sağlık Okuryazarlığı Araştırması, Sağlık-sen Yayınları, Ankara: Altan Özyurt Matbaacılık.	
6-Balçık, P.Y., Taşkaya, S., Şahin, B. (2014). Sağlık Okur-Yazarlığı, TAF Preventive Medicine Bulletin, 2014:13(4)	
7-Palacı, H., Yazar, O., Kuru, İ., Gülhan, Y. (2016). Doktor Google: İnternette Sağlık Bilgisi Kaynakları ve Sağlık Okur Yazarlığının Önemi, Tıp Teknolojileri Kongresi, 2016	
8-Sağlık okuryazarlığı:Sağlam kanıtlar.Dünya Sağlık Örgütü, 2013-Sağlıklı Kentler Birliği, 2015	
9-Çimen, Z., Bayık, A. (2017). Kronik Hastalığı Olan Yaşlı Bireylerde Sağlık Okuryazarlığı, Sağlık Algısı Ve İlişkili Faktörler, Ege Üniversitesi Hemşirelik Fakültesi Dergisi, 33 (3),105-125.	
10-Bolsoy, N., Sevil, Ü. (2006).Sağlık, Hastalık ve Kültür Etkileşimi, 9(3).	
11-Tözün, M., Sözmen, M.K. (2014).Halk Sağlığı Bakışı ile Sağlık Okuryazarlığı, Health Literacy with Perspective of Public Health,Smyrna Tıp Dergisi, 48	