

School of Health Sciences / Nursing
2023 - 2024 Academic Year
MENTAL HEALTH and DISEASES NURSING
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
MENTAL HEALTH and DISEASES NURSING	HEM3140090	Fall Semester	4+0	4	4
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	Turkish				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Required				
Course Coordinator	Assist.Prof. Gülşah KÖRPE				
Name of Lecturer(s)	Assist.Prof. Gülşah KÖRPE				
Assistant(s)					
Aim	The aim of this course is in accordance with the philosophy and basic principles of mental health and diseases nursing; To develop caregiving skills for the needs of patients/individuals and their families in the light of conceptual knowledge and nursing approaches for the protection, development and improvement of mental health.				
Course Content	This course contains; Course Introduction, Establishing the Relationship between Course Learning Outcomes and Program Competencies Definition, Purpose, Philosophy, Historical Development, Practice Standards of Mental Health and Psychiatric Nursing, Conceptual Foundations of Mental Health and Psychiatric Nursing, General Symptoms in Psychiatric Diseases, -Communication Process with Mentally Ill Person (Psychiatric Interview), Psychiatric Observation, Mental State Examination, Psychological Development Period Characteristics, Risks and Relationships with Mental Problems, Anxiety Disorders and Nursing Approaches, Schizophrenia, Other Psychotic Disorders and Nursing Approaches, Midterm, Mood Disorders and Nursing Approaches, Substance Use Disorder and Nursing Approaches, Personality Disorder and Nursing Approaches, Konsültasyon Liyazon Psikiyatri Hemşireliği, Organik Mental (Kognitif) Bozukluklar ve Hemşirelik Yaklaşımları, Psychiatric Emergencies Crisis, Crisis Intervention, Stress, Psychophysiological Diseases (Eating and Sleep Disorders) and Nursing Approaches, Treatment Methods Used in Psychiatry, Community Mental Health Services Legal and Ethical Issues in Psychiatry.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
To be able to explain the basic concepts related to mental health and diseases.			10, 16, 9	A	
Being able to distinguish between normal and abnormal behavior patterns and the factors affecting these behaviors.			10, 16, 9	A	
Identifying situations in which mental health is impaired			10, 13, 16, 9	A	
Identifying common mental health problems in our country			10, 16, 19, 9	A	
To be able to discuss the effects of mental problems on the individual, family and society.			10, 13, 16, 19, 4, 6, 9	A	
Ability to use therapeutic communication techniques effectively			10, 19, 4, 9	A	
A holistic approach to individuals			10, 16, 4, 6, 9	A	
To be able to gain nursing approaches for the protection, development and improvement of mental health.			10, 16, 4, 6, 9	A	
Teaching Methods	10: Discussion Method, 13: Case Study Method, 16: Question - Answer Technique, 19: Brainstorming Technique, 4: Inquiry-Based Learning, 6: Experiential Learning, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Course Introduction, Establishing the Relationship between Course Learning Outcomes and Program Competencies Definition, Purpose, Philosophy, Historical Development, Practice Standards of Mental Health and Psychiatric Nursing	Examining pages 9-18 of the 1st resource			
2	Conceptual Foundations of Mental Health and Psychiatric Nursing	Examining pages 23-53 of the 1st source			
3	General Symptoms in Psychiatric Diseases, -Communication Process with Mentally Ill Person (Psychiatric Interview)	Examining pages 129-136, 171-178, 181-196 of the 1st source			
4	Psychiatric Observation, Mental State Examination	Examining pages 129-136, 171-178, 181-196 of the 1st source			
5	Psychological Development Period Characteristics, Risks and Relationships with Mental Problems	Examining pages 23-53 of the 1st source			
6	Anxiety Disorders and Nursing Approaches	Examining pages 275-310 of the 1st source			
7	Schizophrenia, Other Psychotic Disorders and Nursing Approaches	Examining pages 411-415 of the 1st source			
8	Midterm				
9	Mood Disorders and Nursing Approaches	Examining pages 333-390 of the 1st source			
10	Substance Use Disorder and Nursing Approaches, Personality Disorder and Nursing Approaches	Examining pages 447-516 of the 1st source			
11	Konsültasyon Liyazon Psikiyatri Hemşireliği, Organik Mental (Kognitif) Bozukluklar ve Hemşirelik Yaklaşımları	Reviewing pages 599-638 and 775-800 of the 1st source			
12	Psychiatric Emergencies Crisis, Crisis Intervention	Examination of pages 825-870 and 257-274 of the 1st resource			
13	Stress, Psychophysiological Diseases (Eating and Sleep Disorders) and Nursing Approaches	Examining pages 517-562 of the 1st resource			
14	Treatment Methods Used in Psychiatry	Examination of pages 931-1036 of the 1st source			
15	Community Mental Health Services Legal and Ethical Issues in Psychiatry	Examining pages 889-900 of the 1st source			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

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Resources

1. Çam, O., Engin, E. (Ed.). (2014). Ruh Sağlığı ve Hastalıkları Hemşireliği Bakım Sanatı, İstanbul: İstanbul Tıp Kitabevi.
2. Kum, N. (Ed.). (1996). Psikiyatri Hemşireliği El Kitabı, İstanbul: Birlik Ofset.
3. Fortinash, KM, Holoday Worret, PA. (2003). Psychiatric Nursing Care Plans, Fourth Edition, Mosby, Inc.
4. Öztürk, O. (2008). Ruh Sağlığı ve Bozuklukları, İstanbul: Nobel Tıp Kitabevleri.
5. Varcarolis, EM. " Foundations of Psychiatric Mental Health Nursing", 3rd edn. Philadelphia.6. Köroğlu, E., Güleç, C. (2007). Psikiyatri Temel Kitabı, Ankara: Hekimler Yayın Birliği.
7. Özgüven, İ. E. (2004). Görüşme İlke ve Teknikleri, 3. Baskı. Pdrem Yayınları.