

School of Health Sciences / Nursing
2023 - 2024 Academic Year
FUNDAMENTALS of NURSING PRACTICE
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
FUNDAMENTALS of NURSING PRACTICE	HEM1214371	Spring Semester	0+10	5	5
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	Turkish				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Required				
Course Coordinator	Assist.Prof. Pınar DOĞAN				
Name of Lecturer(s)	Assist.Prof. Pınar DOĞAN, Assist.Prof. Rabia EREN, Assist.Prof. Merve TARHAN, Lect. Belçim EDE SARIKAYA, Assist.Prof. Gülşah KÖRPE, Lect. Sevgi KOÇ				
Assistant(s)					
Aim	The aim of this course is to provide students with the skills of basic nursing initiatives to provide and maintain the daily life activities of the individual in line with the nursing process, in order to provide nursing care to the individual, family and society with an individual and holistic approach.				
Course Content	<p>This course contains; Communication Activity:Laboratory practice: Patient/healthy individual and team communication (case study) Clinical practice: Process in patient admission, transfer and discharge communication practice,Ensuring a Safe Environment-1:Laboratory practice: case study of patient safety principlesClinical practice: Examination of behaviors that are appropriate and unsuitable for patient safety principles in the clinical field,Ensuring a Safe Environment-2:Laboratory practice: case study of patient safety principlesClinical practice: Examination of behaviors that are appropriate and unsuitable for patient safety principles in the clinical field,Yaşam Bulguları: Laboratuvar uygulaması: Solunum, nabız, kan basıncı, vücut sıcaklığı, ağrının simülator üzerinde değerlendirilmesiKlinik uygulama: Solunum, nabız, kan basıncı, vücut sıcaklığı, ağrının hasta üzerinde değerlendirilmesi,Pharmaceutical Applications-1:Laboratory application: Drug calculation, enteral and local drug administration on the modelClinical practice: Evaluation of safe drug administration principles,Drug administration-2:Laboratory practice: Implementation of parenteral drug administrations (ID, SC, IM) on partial task tutorialsClinical practice: Examination of parenteral drug administrations (ID, SC, IM) according to safe drug practices,Pharmaceutical Applications-3:Laboratory practice: Application of parenteral drug administration (IV) on partial task tutorialsClinical practice: Examination of parenteral drug administration (IV) according to safe drug practices,Drug administration-4:Laboratory practice: Practice Blood and Blood Product Transfusion and IV Sampling on partial task tutorialsClinical practice: Evaluating blood product transfusion stepsMonitoring the IV sampling process,Personal Cleaning and Dressing Activity:Laboratory practice: Implementation of hygiene practices on the mannequinClinical practice practice: Determining the hygiene needs of the healthy/sick individual and meeting the care,Respiratory Activity:Laboratory practice: practice of breathing exercise, aspiration, sampling of respiratory material on the manikinClinical practice: clinical field evaluation of breathing exercise, aspiration, respiratory material sampling practice,Nutritional Activity:Laboratory application: application of enteral nutrition and parenteral nutrition applications on a manikinClinical application: evaluation of enteral and parenteral nutrition applications,Excretory Activity:Laboratory application: Duck and slide application, enema, urine and stool sampling application on the manikinClinical practice: evaluation of excretory practices,Work and Leisure Activity, Sleep Activity, Sex ActivityLaboratory practice: Discussion of sleep hygiene practices, application of perineal hygiene on a modelClinical practice: Questioning sleep and sexual activity in the care needs of individuals,Death activity:Laboratory application: Application of post mortem care application on manikinClinical practice: Monitoring the attitudes of patients and staff regarding death and the dying process in the clinical field.</p>				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
Ability to communicate with healthy/sick individual and family, healthcare team members			14, 4, 9	H	
The ability of a healthy/sick individual to plan their care needs in line with their life model.			10, 38, 4, 9	E	
To be able to apply the principles of quality and safety care in nursing interventions			13, 4	E	
Teaching Methods			10: Discussion Method, 13: Case Study Method, 14: Self Study Method, 38: Care Plan, 4: Inquiry-Based Learning, 9: Lecture Method		
Assessment Methods			E: Homework, H: Performance Task		
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Communication Activity:Laboratory practice: Patient/healthy individual and team communication (case study)Clinical practice: Process in patient admission, transfer and discharge communication practice	Examination of the relevant section in the source number K3			
2	Ensuring a Safe Environment-1:Laboratory practice: case study of patient safety principlesClinical practice: Examination of behaviors that are appropriate and unsuitable for patient safety principles in the clinical field	Examining the relevant sections in K3 and K5			
3	Ensuring a Safe Environment-2:Laboratory practice: case study of patient safety principlesClinical practice: Examination of behaviors that are appropriate and unsuitable for patient safety principles in the clinical field	Examination of K3 and K5 books			
4	Yaşam Bulguları: Laboratuvar uygulaması: Solunum, nabız, kan basıncı, vücut sıcaklığı, ağrının simülator üzerinde değerlendirilmesiKlinik uygulama: Solunum, nabız, kan basıncı, vücut sıcaklığı, ağrının hasta üzerinde değerlendirilmesi	Examination of the vital signs sections of K3 and K5 resources			
5	Pharmaceutical Applications-1:Laboratory application: Drug calculation, enteral and local drug administration on the modelClinical practice: Evaluation of safe drug administration principles	Examination of K3, K4 and K5 numbered sources Review of safe drug administration guidelines			
6	Drug administration-2:Laboratory practice: Implementation of parenteral drug administrations (ID, SC, IM) on partial task tutorialsClinical practice: Examination of parenteral drug administrations (ID, SC, IM) according to safe drug practices	Examination of the relevant sections of the books K3, K4 and K5 Examining the principles of safe drug administration			
7	Pharmaceutical Applications-3:Laboratory practice: Application of parenteral drug administration (IV) on partial task tutorialsClinical practice: Examination of parenteral drug administration (IV) according to safe drug practices	Examining the sources K3, K4 and K5 Review of safe drug administration guidelines			
8	Drug administration-4:Laboratory practice: Practice Blood and Blood Product Transfusion and IV Sampling on partial task tutorialsClinical practice: Evaluating blood product transfusion stepsMonitoring the IV sampling process	Examining the relevant sections of K2, K3 and K5 numbered resources			
9	Personal Cleaning and Dressing Activity:Laboratory practice: Implementation of hygiene practices on the mannequinClinical practice practice: Determining the hygiene needs of the healthy/sick individual and meeting the care	Examining the sources numbered K2, K3, K4 and K5			

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Lecture Schedule		
Sequence	Topics	Preliminary Preparation
10	Respiratory Activity:Laboratory practice: practice of breathing exercise, aspiration, sampling of respiratory material on the manikinClinical practice: clinical field evaluation of breathing exercise, aspiration, respiratory material sampling practice	Examining the sources K1, K3, and K5
11	Nutritional Activity:Laboratory application: application of enteral nutrition and parenteral nutrition applications on a manikinClinical application: evaluation of enteral and parenteral nutrition applications	Examining the relevant sections of K1, K3 and K5 numbered resources
12	Excretory Activity:Laboratory application: Duck and slide application, enema, urine and stool sampling application on the manikinClinical practice: evaluation of excretory practices	Examination of K3, K4 and K5 numbered sources
13	Work and Leisure Activity, Sleep Activity, Sex ActivityLaboratory practice: Discussion of sleep hygiene practices, application of perineal hygiene on a modelClinical practice: Questioning sleep and sexual activity in the care needs of individuals	Examining the sources K1, K3 and K5
14	Death activity:Laboratory application: Application of post mortem care application on manikinClinical practice: Monitoring the attitudes of patients and staff regarding death and the dying process in the clinical field	Examining the sources K3, K4 and K5
Evaluation Methods		Weight(%)
Midterm Exam		40
General Exam		60

Resources
K1. Gürhan N, Görgülü Polat Ü, Eren Fidancı B. Hemşirelik Tanıları El Kitabı. Ankara Nobel Kitabevleri. 11. Basım. 2019.
K2. Göçmen Baykara Z, Çalışkan N, Öztürk D, Karadağ A. Temel Hemşirelik Becerileri (Kontrol Listeleri, Web Erişimli Eğitim Videoları). Ankara Nobel Tıp Kitabevleri. 1. Basım. 2019.
K3. Karagözoğlu Ş, Demiray A, Doğan P. Temel Hemşirelik Uygulama İçin Esaslar. Ankara Nobel Tıp Kitabevi. 1. Basım. 2023.
K4. Potter AP, Perry AG, Stockert PA, Hall AM, Ostendorf WR. Fundamentals of Nursing. 9th ed. St Louis, Missouri: Elsevier, 2017.
K5. Aşti T, Karadağ A. Hemşirelik Esasları: Hemşirelik Bilim ve Sanatı. Akademisyen Yayınevi. 2019. İstanbul M1-Brossier DW, et al. ESPNIC clinical practice guidelines: intravenous maintenance fluid therapy in acute and critically ill children— a systematic review and meta-analysis. Intensive Care Med. 200;48:1691–1708. https://doi.org/10.1007/s00134-022-06882-z
M2-Padhi S, Bullock I, Li L, Stroud M. Intravenous fluid therapy for adults in hospital: summary of NICE guidance. BMJ. 2013;347:f7073. https://doi.org/10.1136/bmj.f7073
M3-Aygin D, Cengiz H. İlaç uyulama hataları ve hemşirenin sorumluluğu. Şişli etfal hastanesi tıp bülteni. 2011, 45(3), 110-114.
M4-Ulusoy EÇ, Duran ET, Güvenli Enjeksiyon uygulamaları. Hacettepe Üniversitesi Hemşirelik Fakültesi Dergisi. 2016, 3 (2), 50-57.
M5-Karagözoğlu Ş, Dönmez AD, Özden D, Tel H. Hemşirelerin göğüs fizyoterapisine yönelik bilgi ve uygulamaları. 2013, 27 (2), 95-104.
M6-Gülınar E, Çalışkan N, Stres inkontinansa hemşirelik yaklaşımları: Stres inkontinans bakım protokolü. Gümüşhane üniversitesi sağlık bilimleri dergisi. 2022, 11(1), 308-318.
M7-Yorulmaz DS, Karadeniz H, Terminal dönem ve iyi ölüm sürecinde hemşirelik bakımı. Yoğun bakım hemşireliği dergisi. 2020, 24(2), 134-138.
M8-Uslu Y, Korkmaz FD. Yoğun bakım hastalarında uyku: Hemşirelik bakımı. HEmşirelikte eğitim ve araştırma dergisi. 2015, 12(3), 156-161.