

School of Health Sciences / Nursing
2023 - 2024 Academic Year
WOMEN HEALTH and DISEASES NURSING PRACTICE
Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
WOMEN HEALTH and DISEASES NURSING PRACTICE	HEM2239960	Spring Semester	4+0	4	4
Prerequisites Courses					
Recommended Elective Courses	Reproductive health / family planning				
Language of Instruction	Turkish				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Required				
Course Coordinator	Assoc.Prof. Pinar IRMAK VURAL				
Name of Lecturer(s)	Assoc.Prof. Pinar IRMAK VURAL				
Assistant(s)					
Aim	Students are able to understand the problems of women's health, their ability to plan and implement evidence-based nursing care for the solution of this problem and to assess the results of gain.				
Course Content	This course contains; Getting acquainted, course introduction, aims and objectives of the program• Basic concepts and indicators related to women's reproductive health• Introduction to women's health nursing• Reproductive Organ Anatomy, Female Reproductive Organ Physiology• Physiology of Pregnancy, Formation of Pregnancy and Physiology of the Fetus,• Maternal Physiology in Pregnancy • Antenatal Care• Nutrition during pregnancy,• Maternal Physiology During Pregnancy • Antenatal Care• Genetic Counseling and Preconceptional Care and Ethics• Pregnancy Complications and Care-Obstetrics Emergency• Risky Pregnancies, Fetal Sağlığın Değerlendirilmesi• Normal Doğum Fizyolojisi ,• Evidence-Based Practices, Follow-up and Care in the Management of the First Stage of Labor,• Evidence-Based Practices, Follow-up and Care in the Management of the Second and Third Stages of Labor, Newborn Period• Postpartum Period and Nursing Approach* *Evaluation of midterm exam, Lactation and breastfeeding• Nutrition during breastfeeding,• Problems Related to the Postpartum Period,• Infertility and Assisted Reproductive Techniques• Periods of Women's Life,• Reproductive Tract Infections and Sexually Transmitted Infections, Protection and Care of Female Reproductive Organs from Good and Malicious Formations• Gynecological Diseases (Gynecological Bleeding, Reproductive Organ Displacement, Fistulas, Endometriosis, Polycysticover, etc. Problems), Diagnosis, Treatment and Care in Gynecology• Question-Answer Session on Course Topics• Course Evaluation.				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
To know definitions of women's health in our country and the world. Interprets the basic concepts, and national and international indicators related to women's and reproductive health.			10, 16, 9	A	
Determines the care needs specific to all life stages of women, implements nursing interventions, and plans training for their needs.			10, 16, 9	A	
Carries out the care of the normal/risky pregnant woman and her family in the period from the formation of pregnancy to the birth.			10, 16, 9	A	
Classifies the care needs of the normal/risky puerperium, newborn, and family in the postpartum period and creates a care plan to meet the care needs.			10, 13, 16, 19, 38, 9	A	
Identifies the woman's common gynecological problems, and manages the care for the problems.			10, 13, 16, 9	A	
Creates a unique health education plan for society on reproductive health.			10, 16, 5, 9	A, E, H	
Explains sexually transmitted infections, transmission routes, and treatment management.			10, 15, 16, 19, 23, 5	A, E	
Explains fertility regulation and contraception and develops a training module.			10, 15, 16, 19, 23, 5	A, E	
Teaching Methods	10: Discussion Method, 13: Case Study Method, 15: Role Play and Drama Technique, 16: Question - Answer Technique, 19: Brainstorming Technique, 23: Concept Map Technique, 38: Care Plan, 5: Cooperative Learning, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam, E: Homework, H: Performance Task				
Lecture Schedule					
Sequence	Topics	Preliminary Preparation			
1	Getting acquainted, course introduction, aims and objectives of the program• Basic concepts and indicators related to women's reproductive health• Introduction to women's health nursing• Reproductive Organ Anatomy				
2	Female Reproductive Organ Physiology• Physiology of Pregnancy, Formation of Pregnancy and Physiology of the Fetus				
3	• Maternal Physiology in Pregnancy • Antenatal Care• Nutrition during pregnancy				
4	• Maternal Physiology During Pregnancy • Antenatal Care• Genetic Counseling and Preconceptional Care and Ethics• Pregnancy Complications and Care-Obstetrics Emergency• Risky Pregnancies				
5	Fetal Sağlığın Değerlendirilmesi• Normal Doğum Fizyolojisi				
6	• Evidence-Based Practices, Follow-up and Care in the Management of the First Stage of Labor				
7	• Evidence-Based Practices, Follow-up and Care in the Management of the Second and Third Stages of Labor				
8	Newborn Period• Postpartum Period and Nursing Approach* *Evaluation of midterm exam				
9	Lactation and breastfeeding• Nutrition during breastfeeding				
10	• Problems Related to the Postpartum Period				
11	• Infertility and Assisted Reproductive Techniques• Periods of Women's Life				
12	• Reproductive Tract Infections and Sexually Transmitted Infections				
13	Protection and Care of Female Reproductive Organs from Good and Malicious Formations• Gynecological Diseases (Gynecological Bleeding, Reproductive Organ Displacement, Fistulas, Endometriosis, Polycysticover, etc. Problems)				
14	Diagnosis, Treatment and Care in Gynecology• Question-Answer Session on Course Topics• Course Evaluation				
Evaluation Methods			Weight(%)		
(Midterm Exam)			40		

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Midterm Exam	40
General Exam	60

Resources