

School of Education / Psychological Counseling and Guidance (English)

2024 - 2025 Academic Year

INTRODUCTION to GUIDANCE and pSYCGOLOGICAL COUSELING

Syllabus

Course Description					
Name	Code	Semester	T+A Hour	Credit	ECTS
INTRODUCTION to GUIDANCE and pSYCGOLOGICAL COUSELING	PCG1114966	Fall Semester	3+0	3	7
Prerequisites Courses					
Recommended Elective Courses					
Language of Instruction	English				
Course Level	First Cycle (Bachelor's Degree)				
Course Type	Required				
Course Coordinator	Assoc.Prof. Ülkü TOSUN				
Name of Lecturer(s)	Assoc.Prof. Ülkü TOSUN				
Assistant(s)					
Aim	This course aims that students will be able to explain the field of counseling and its application to the school setting; explain school counseling programs, organization and their evaluation; list the roles and functions of the school counselor; explain ways to improve the growth, development and psychological health of individuals; analyze the principles and practices of guidance and counseling, including crisis intervention and ethics in the school setting.				
Course Content	This course contains; The Field of Guidance & Counseling in Schools and Basic Concepts of Guidance,History of Guidance and Counseling ,Four General Approaches to Guidance and Counseling and Systematic Approach to Counselling,Core Theoretical Concepts for Counsellors Working in School Settings and Counselling Theories,Personal-Social Guidance,Educational Guidance,Structuring the Counselling Session, Stages of Counselling, Overview of Essential Counelling Skill, The Skills and Qualities of Effective Counsellor,Vocational Guidance,Ethics and Confidentiality in the School Setting and Morals, Values and Ethics in Counselling,School Counselling Programs ,Special Education,Individualized Recognition,A Structured School Counselling Program,Schools and Trauma and Disaster Recovery Plan .				
Course Learning Outcomes			Teaching Methods	Assessment Methods	
Students explain the basic terminology and concepts used in the field of guidance and psychological counseling.			16, 9	A	
Students summarizes the fundamental fields of study, theories, perspectives and concepts in the field of guidance and psychological counseling.			16, 9	A	
Students analyzes the relevance of the field of Psychological Counseling with other fields of study, opportunities for common work, integration into other fields.			16, 9	A	
Students explain how to apply counseling theories and principles to everyday social, personal and behavioral problems.			13, 16, 9	A	
Students list issues related to social and cultural diversity in counseling.			13, 16, 9	A	
Students compare the similarities and differences of the fundamental fields and perspectives in the field of guidance and psychological counseling.			16, 19, 9	A	
Teaching Methods	13: Case Study Method, 16: Question - Answer Technique, 19: Brainstorming Technique, 9: Lecture Method				
Assessment Methods	A: Traditional Written Exam				
Lecture Schedule					
Sequenc e	Topics	Preliminary Preparation			
1	The Field of Guidance & Counseling in Schools and Basic Concepts of Guidance	Related readings from fundamental sources from uploaded document			
2	History of Guidance and Counseling	Related readings from fundamental sources from uploaded document			
3	Four General Approaches to Guidance and Counseling and Systematic Approach to Counselling	Related readings from fundamental sources from uploaded document			
4	Core Theoretical Concepts for Counsellors Working in School Settings and Counselling Theories	Related readings from fundamental sources from uploaded document			
5	Personal-Social Guidance	Related readings from fundamental sources from uploaded document			
6	Educational Guidance	Related readings from fundamental sources from uploaded document			
7	Structuring the Counselling Session, Stages of Counselling, Overview of Essential Counelling Skill, The Skills and Qualities of Effective Counsellor	Related readings from fundamental sources from uploaded document			
8	Vocational Guidance	Related readings from fundamental sources from uploaded document			
9	Ethics and Confidentiality in the School Setting and Morals, Values and Ethics in Counselling	Related readings from fundamental sources from uploaded document			
10	School Counselling Programs	Related readings from fundamental sources from uploaded document			
11	Special Education	Related readings from fundamental sources from uploaded document			
12	Individualized Recognition	Related readings from fundamental sources from uploaded document			
13	A Structured School Counselling Program	Related readings from fundamental sources from uploaded document			
14	Schools and Trauma and Disaster Recovery Plan	Related readings from fundamental sources from uploaded document			
Evaluation Methods		Weight(%)			
Midterm Exam		40			
General Exam		60			

Resources

Bor, R., Ebner-Landy, J., Gill, S. & Brace, C. (2002). *Counselling in Schools*. SAGE Publications Ltd

Nystul, M. S. (2016). *Introduction to Counselling: an Art and Science Perspective*, 5th Ed., Sage Publication.

McLeod, J. (2004). *An Introduction to Counselling*, Open University Press

Dahir, C. A., & Stone, C. B. (2023). *The Transformed School Counselor*. Cengage Learning.

Lambie, G. W., Stickl Haugen, J., Borland, J. R., & Campbell, L. O. (2019). Who Took "Counseling" out of the Role of Professional School Counselors in the United States?. *Journal of School-Based Counseling Policy and Evaluation*, 1(3), 51-61.

Fallon, L. M., Everett, S., La Salle, T. P., Luh, H. J., Feinberg, A., & Sugai, G. (2023). The What, Why, and How for School Counselors. *The School Counselor's Guide to Multi-Tiered Systems of Support*.

Hilts, D., Peters, H. C., Liu, Y., & Luke, M. (2022). The model for supervision of school counseling leadership. *Journal of Counselor Leadership and Advocacy*, 9(2), 99-114.

Steen, S., Melchior, S., Stone, T., & Melfie, J. (2023). Access to Schools. *School Counseling Research: Advancing the Professional Evidence Base*, 27.